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# Festinger L 1957 A Theory Of Cognitive Dissonance

**Festinger L 1957 A Theory Of Cognitive Dissonance** - [Free] Festinger L 1957 A Theory Of Cognitive Dissonance [PDF] [EPUB] Cognitive dissonance refers to a situation involving conflicting attitudes, beliefs or behaviors. This produces a feeling of mental discomfort leading to an alteration in one of the attitudes, beliefs or behaviors to reduce the discomfort and restore balance. - Tue, 16 Apr 2019 22:30:00 GMT Leon Festinger - Wikipedia The psychology of sunk cost - ScienceDirect Cognitive dissonance - Wikipedia In the field of psychology, cognitive dissonance is the mental discomfort (psychological stress) experienced by a person who holds two or more contradictory beliefs, ideas, or values. Dissonance cognitive — Wikipédia En psychologie sociale, la dissonance cognitive est la tension interne propre au système de pensées, croyances, émotions et attitudes d'une personne lorsque plusieurs d'entre elles entrent en contradiction l'une avec l'autre. Impacts of Cognitive Dissonance in the Workplace ... Theory of Cognitive Dissonance (CD) describes a condition of stress, or a feeling of internal discomfort caused by conflicting ideas, values, beliefs or practices. Essentially, this is a situation where two or more opposing thoughts are causing psychological discomfort. Humans have an inner drive to Cognitive Behavioral Therapy | CBT | Simply Psychology Cognitive behavioral therapy (CBT) is a form of talking therapy which can be used to treat people with a wide range of mental health problems. Self-Perception Theory - ScienceDirect Individuals come to “know” their own attitudes, emotions, and other internal states partially by inferring them from observations of their own overt behavior and/ or the circumstances in which this behavior occurs. Psicothema - LEON FESTINGER Y LA PSICOLOGIA SOCIAL ... Leon Festinger, de origen judío, nació en Nueva York en 1919, mostrando una precoz tendencia hacia la psicología, comenzando muy pronto a desarrollar una actividad científica que a lo largo de casi 50 años se fue plasmando en innumerables publicaciones de enorme interés. Dissonanza cognitiva - Wikipedia Bibliografía. Joel Cooper, Cognitive Dissonance: Fifty Years of a Classic Theory, Los Angeles, SAGE Publications, 2007. Voci correlate. Razionalizzazione (psicologia)

## FESTINGER L 1957 A THEORY OF COGNITIVE DISSONANCE

Author : Karin Rothschild

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